

The Present

Where are you in your life right now?

The Rock



What blocks your path?

Lemonade Stand



What refreshes you?

The Beginning

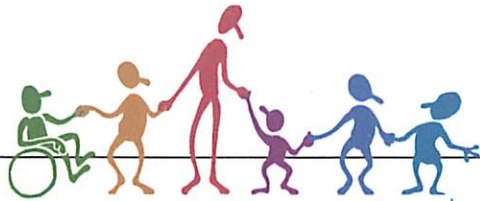


The Dust Storm

What is unclear in your life?

Somewhere Along the Road

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The Companions

Friends, Feelings
(Happiness, Anger, Fear, etc.)



The Meadow Flowers

What positive things
are in your life?

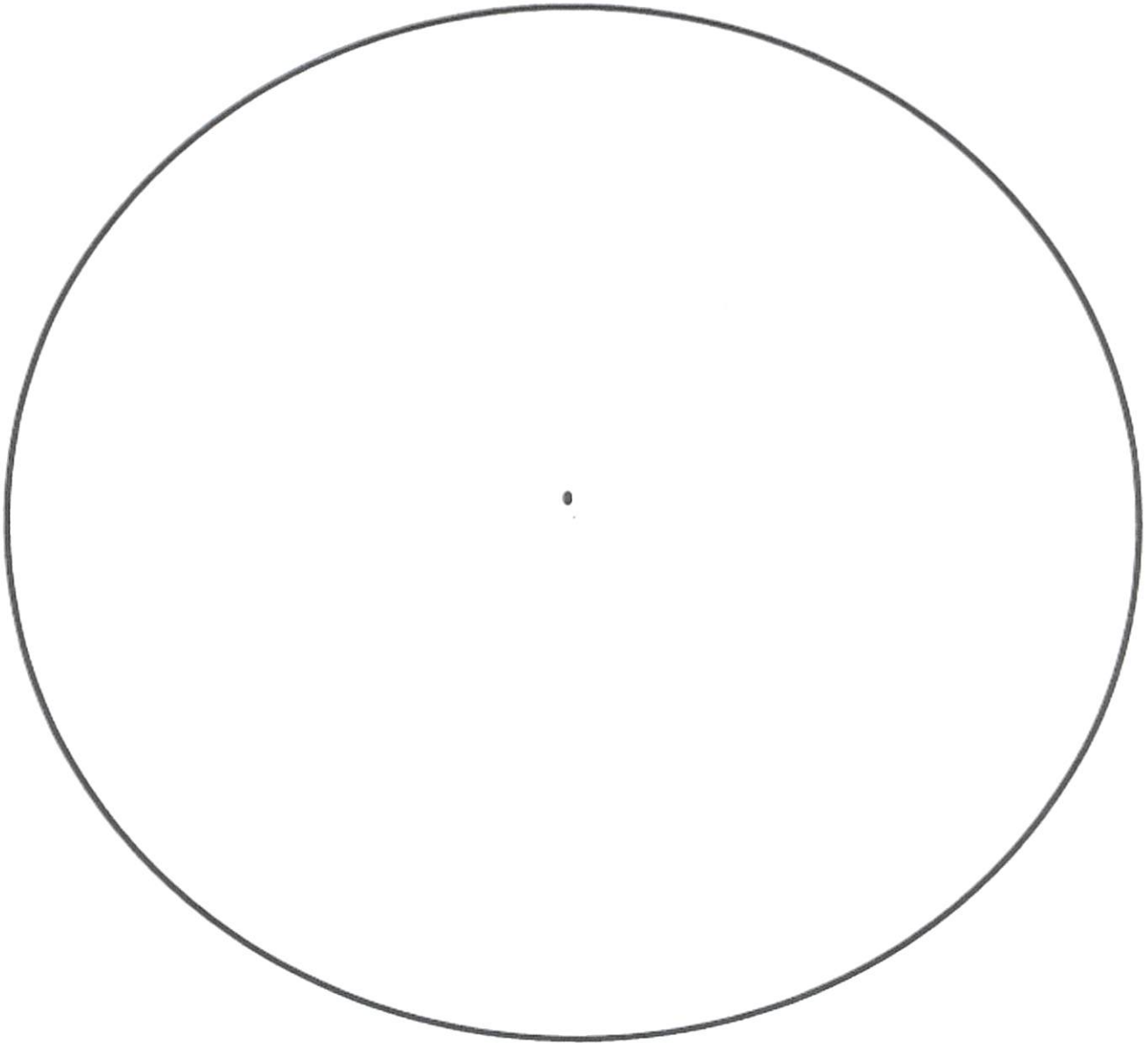
**The Filling Station
(Has maps too.)**



What gives you
energy & direction?

My Strengths

Think about your strengths that you have developed over the years. Focus on strengths that have helped you get through the tough times in life. List them in the circle. Place the ones that are strongest in the middle and others on the outside of the circle. Write your name on the line above the circle.



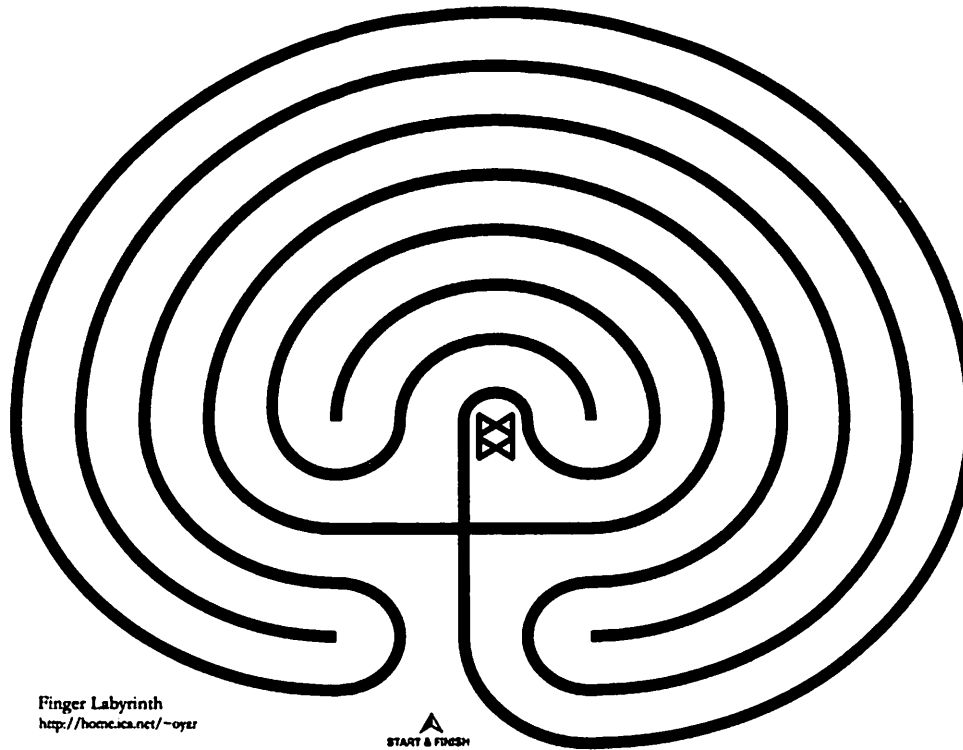
Labyrinth Walk Notes

Name: _____

Date: ___/___/___

Clarification

Describe the problem on which you are working.



Finger Labyrinth
<http://home.sca.net/~oyst>

START & FINISH

Implementation

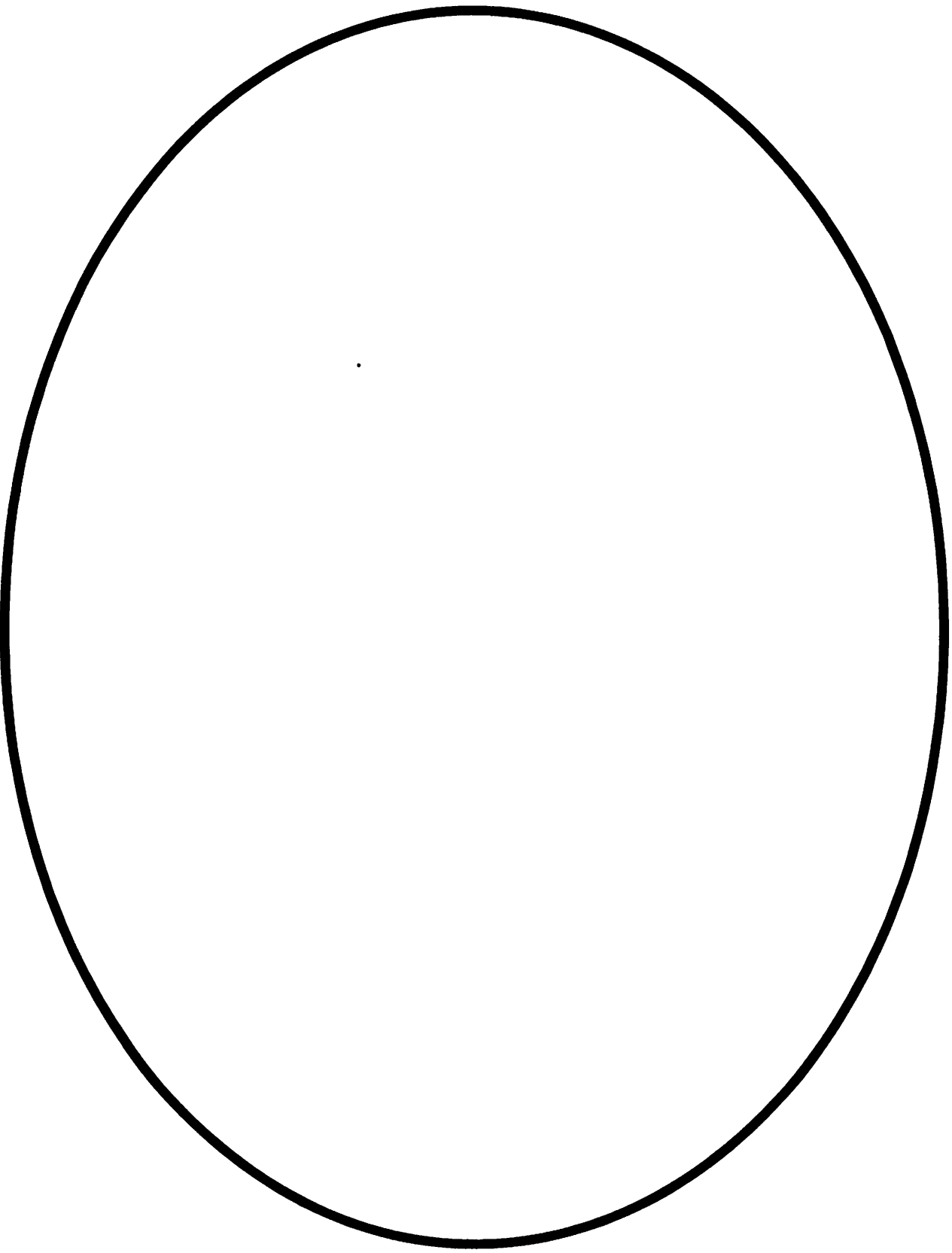
Conversation with your successful self. List key points:

Synthesis → Solution → Anchor

Briefly Describe Miracle Vision: _____

Inspirational Word: _____

Art Expression – Current Period Snapshot

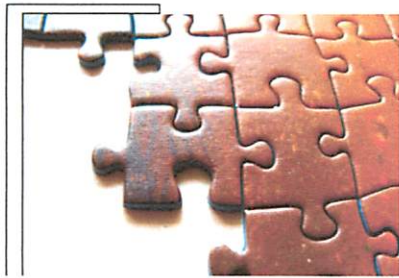


Conversation with Your Successful Self

Having discovered your Miracle Vision you can now have a conversation with your successful self who you see in the future when you have solved the problem upon which you are working. As you walk out of the labyrinth seek suggestions from

your successful self about the steps you will need to reach your goal. List those steps below as they come to your attention below.

Describe Miracle Vision



Steps Needed to Reach Goal

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

What did you discover in the conversation?

How confident are you that you will reach your desired vision/goal? (1=not at all, 100=goal competed). Place a mark on the line below indicating where you are on your journey today.

1 _____ 100

Mutual Aid Members Sharing

Each group member will become the focus of the group. Group Members will write and discuss the strengths they see in the person on the circle below. Those strengths nearest the center represent the person's greatest strengths. Each member in the group will receive a listing of their strengths from others and share the strengths they observe in others. Place your name on the line above *My Strengths*.



My Strengths

